## **Financial Assessment - Monthly Budget Sheet**

This material was prepared by the staff of the Family Economic Security Program, FESP. FESP located at Norwalk Community College is made possible [in part] by The Fairfield County Community Foundation Fund for Women and Girls and the Norwalk Community College Foundation.

Name:

DATES SOURCES OF INCOME Cash Income: Wages Child Support Alimony Public benefits/Subsidies Unemployment insurance Scholarships/Other Financial Aid **FESP** Funds Other Income **Total Cash Income** In-Kind Contributions: from family and friends Food Rent /Mortgage Child Care Utilities/Cell phone Transportation Clothing - participant/dependents **Total In-Kind Contributions Total Cash & In Kind Income** LIVING EXPENSES Food Rent Mortgage Child Care Cell phone Utilities Transportation Transportation - Insurance Transportation - Gas Clothing - participant Clothing - dependents Groceries - non food (CVS, etc.) Medical/Health Care Credit card payments Back Debt Tuition/School Expenses Entertainment Discretionary **Total Living Expenses** SHORTFALL/SURPLUS

My Spending Tracker Prepared for the Famiy Economic Secrity Program, FESP at Norwalk Community College. The Program is made possible [in part] by The Fairfield County Community Foundation Fund for Women and Girls and the Norwalk Community College Foundation				
Examples				
9/1/2011			Cash	
9/1/2011	\$107.85	CL&P	Check	